

CYRENA

Informed Consent Form — Hair Services

Colour, Cut & Style, Extensions, Blowouts & Treatments **Risk level: Medium**

Services Covered

This consent form applies to: Precision Haircut & Style · Base Colour Application · Nano Ring Hair Extensions · Wash & Blowout · Nourishing Treatment & Blowout · Express Blowout · Natural Wave Styling · Olaplex Bond Treatment · Scalp Massage.

What to Expect

Hair services range from styling and cutting to chemical colour application and semi-permanent extension fitting. Colour services involve professional-grade dyes applied to the hair and, in some cases, the scalp. Nano Ring Extensions use small metal rings — no heat, no glue — to attach premium Remy human hair.

Risks & Considerations

Hair services carry a low-to-medium risk profile. Key considerations by service type:

- Colour (base, highlights, balayage): a patch test is required at least 48 hours before your first colour appointment or if your hair history has changed. See Patch Test Policy.
- Colour result variation: outcome depends on starting hair colour, porosity, and chemical history. Results may differ from reference images, particularly on previously treated hair.
- Nano Ring Extensions: not suitable for very fine, damaged, or chemically compromised hair. Incorrect aftercare can cause tension or breakage at the ring site.
- Heat styling (blowouts): repeated heat without protection can cause cumulative damage. Cyrena therapists apply heat protectant as standard.
- Olaplex treatment: safe for all hair types including colour-treated and chemically processed hair. Not known to cause adverse reactions.

Hair & Health History

Health & Skin Question	Yes	No	If yes, please detail
Have you had a colour patch test in the last 48 hours? (required for all colour services)	☐ Yes	☐ No	Details: _____ —
Has your hair been bleached, highlighted, or coloured in the last 4 weeks?	☐ Yes	☐ No	Details: _____ —

Has your hair been chemically straightened or permed in the last 3 months?	☐ Yes	☐ No	Details: _____
Do you have a known allergy or sensitivity to hair dye or PPD (para-phenylenediamine)?	☐ Yes	☐ No	Details: _____
Have you experienced hair loss, thinning, or breakage recently?	☐ Yes	☐ No	Details: _____
Are you currently pregnant or breastfeeding? (some colour chemicals are not recommended in first trimester)	☐ Yes	☐ No	Details: _____
Do you have any scalp conditions (psoriasis, dermatitis, open sores)?	☐ Yes	☐ No	Details: _____
Are you taking medication that may affect hair growth or scalp health?	☐ Yes	☐ No	Details: _____
For extensions: has your hair been assessed as suitable for Nano Ring application?	☐ Yes	☐ No	Details: _____

Colour Patch Test Record

Patch test date: _____ Patch test result: ☐ No reaction ☐ Reaction observed (details below)	
Reaction details (if any): _____	
Patch test administered by: _____	Product used: _____

Aftercare Acknowledgement

- For colour: avoid washing hair for 48 hours post-colour to allow dye to fully set.
- Use colour-safe, sulphate-free shampoo and conditioner to extend colour vibrancy.
- Avoid chlorine and salt water for 1 week post-colour.
- For Nano Ring Extensions: brush with a soft-bristle loop brush twice daily. Avoid applying conditioner or oil directly to the rings.
- Return for extension maintenance every 6–8 weeks. Do not attempt removal at home.
- Apply heat protectant before any heat styling.

Photography & Social Media Consent

Cyrena Collective may wish to photograph or video the results of your service for use on our website, Instagram, and other marketing channels. This is always optional and your service will never be affected by your decision.

I consent to Cyrena Collective photographing/filming my results and using these images on social media and marketing materials. I understand my face may or may not be included, and I can withdraw this consent at any time.

I consent to photography of results only (e.g. hair, nails, lashes) — no face, no identifying features.

I do not consent to any photography or use of my image for marketing purposes.

CLIENT DECLARATION & SIGNATURE

I confirm that the information provided above is accurate and complete to the best of my knowledge. I understand the nature of the service(s) to be performed, the associated risks, and the aftercare requirements. I consent to the treatment proceeding on this basis.

This consent is valid for all hair services at Cyrena Collective from the date signed. Colour services also require a current patch test record (above). Renewed annually or when hair or health history changes.

Client full name: _____

Date of birth: _____ **Date of consent:** _____

Signature: _____

Therapist: _____